

PERU RSRC 2019 - Risk Assessment - Mountain Biking

RISK ASSESSMENT DRAWN UP BY SAN SILVESTRE SCHOOL AND MARKHAM COLLEGE.
ROUND SQUARE REGIONAL CONFERENCE 2019

Country: PERU	Assessment date: 15/06/18	Initially written by: Harr Hildebrand and John Vincent	Reviewed by: 15/11/18 Next review by: 15/12/18
Hazard	RISK LEVEL	MITIGATION	INCIDENT RESPONSE
Group Management	Low	<ul style="list-style-type: none"> • Instructor to have suitable experience to assess a route and a group in order to lead a MTB activity. • Consider staffing in line with UK guidance (ratio of 1:6). Ratio can be raised e.g. with use of a competent assistant and teacher, or with competent participants. • Ensure that competency of all participants is assessed on safe controlled and stable ground before committing to a route, e.g. play some easy games are played that involve riding slowly, demonstrating good control (through basic obstacles, small lumps & bumps), using brakes & gears. • Ensure that overall plan and group management plan is discussed with all participants, including meeting point if someone were to lose the group. • Ensure suitable lead rider (briefed to ride at a sensible speed and stop at planned locations / intervals) is appointed and all participants are aware of who this is. Same for rear marker. 	<ul style="list-style-type: none"> • Participants below the necessary level of competency to remain at the start with a supervising adult. • Wait at pre-arranged meeting points for the group to reform.
Breakdown	Low	<ul style="list-style-type: none"> • Basic tools puncture repair/spare tubes and pump to be carried by instructors • Tyre pressure and condition, effective brakes, general condition of gears & headset checked daily. 	<ul style="list-style-type: none"> • Instructors to carry out basic trailside repairs • Spare bikes held at start point
Collision / falling off	Medium	<ul style="list-style-type: none"> • Biking helmet to be checked, worn and fitted correctly. • Gloves should be worn. • Seat position and implications (higher seat offering less stability, but more efficient pedaling vs. lower seat offering better maneuverability for shift of balance). • Monitor, instruct & guide over technical terrain in order to up-skill and instill confidence in riders. • Reroute / reconsider if route looking more technical than the abilities of the least technically capable. 	<ul style="list-style-type: none"> • Instructors / supervising staff to administer first aid and manage the rest of the group. • Route is accessible by vehicle if needed
Other road users	Low	<ul style="list-style-type: none"> • On the dirt road, brief the group at the start to stop at the side to allow other 	

		<p>vehicles to pass.</p> <ul style="list-style-type: none">● On the short section of main road, participants should ride outside the painted white line, so they are off of the road.● Communicate along the line of riders if a vehicle is approaching.	
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This Risk Assessment has been drawn up by representatives from San Silvestre School and Markham College, based on our assessment of the likely risks to conference attendees and the mitigating actions that will be taken by representatives from our schools in order to manage those risks. As host schools, we expect and require that accompanying adults from participating schools will maintain a close watch on their student delegations and remain mindful of their own duty of care for their students throughout the duration of the conference.